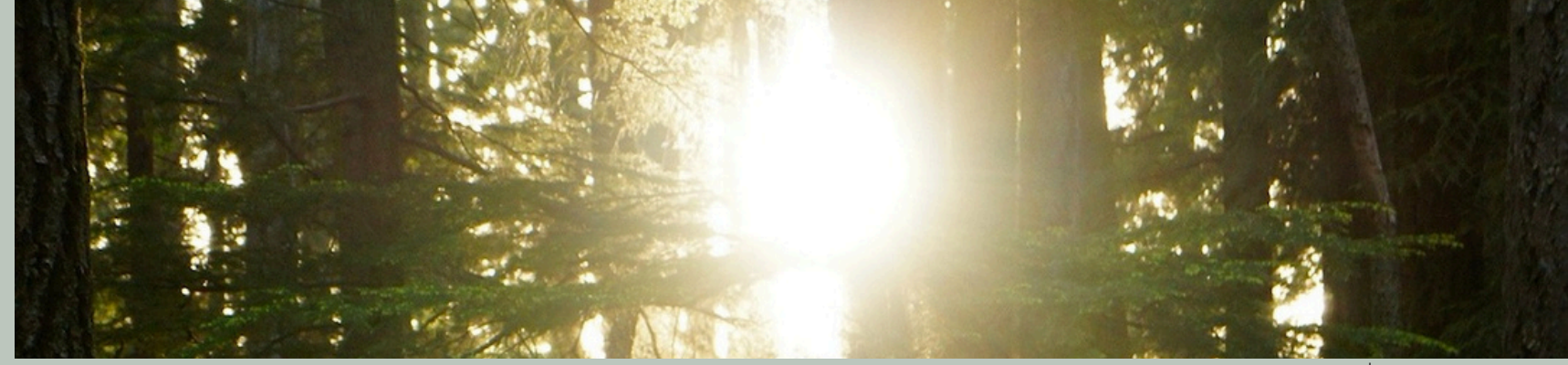


CURRENT EXECUTIVE OFFERINGS

Enabling conscious awareness
& trustworthy leadership

Stina Brown



HI, I'M *Stina*

I am a systems change strategist, coach, and facilitator who specializes in helping purpose-driven leaders navigate complex change with clarity and compassion. I help leaders and teams understand the realities they face, envision new possibilities, and create solutions that address both immediate challenges and long-term goals. For more information on my client work, head [to my site here](#).



VISION & *Values*

To provide services as a leading and trusted executive coach and facilitator of transformative change. Stina is renowned for a powerful, innovative, and holistic approach that integrates multidimensional awareness with courageous and compassionate honesty. Her vision is of a future where individuals and organizations are equipped and organized to achieve quantum results, for the betterment of humanity and the planet.



Stina's MISSION

To equip leaders with the tools and perspectives to create a more just and equitable world. By fostering self-awareness, accountability, and purposeful action, Stina empowers executives to shape inclusive, values-driven cultures and drive systemic change. This mission advances equity, integrity, and shared responsibility, enabling leaders to inspire a thriving and compassionate future.

CURRENT OFFERINGS: ONE ON ONE COACHING SESSIONS

STINABROWN.COM

1. Reactive to Proactive Session (90 minutes)

A coaching session to support you in a significant check-in with yourself. In these rapidly changing and complex times are you in react mode? With guidance and structure, you'll become aware of your current mindset and patterns in order to make informed, conscious choices about your next steps.

2. Executive Strategic Reset (120 Minutes):

A session dedicated to helping executives organize their personal and professional lives, with strategies for prioritizing well-being, time management, and focused execution. Meet this moment in a new way. Let's start here.

3. Values Alignment Session (90 Minutes):

Helps individuals or organizations articulate and align their core values with their actions and goals, ensuring deeper authenticity, groundedness and clarity in decision-making.



4. Visioning Session (90 - 120 Minutes):

This session facilitates the creation or refinement of a personal or organizational vision. The client will leave with a clear sense of direction aligned with their highest goals.

5. Your Reflective Edge (90 Minutes):

Uncover and transform counter-productive habits for more impactful leadership. Develop actionable insights to help you lead with greater authenticity, empathy, and effectiveness.

6. Organizational Effectiveness Scan (120 Minutes):

Assessment of an organization's current culture, communication, and leadership structures, with tailored feedback on areas for improvement.



CLIENT

Comments

Stina has a deeply holistic and multi-faceted approach to coaching that allows you to see your challenge from multiple perspectives: a theoretical one based in social science and research, an interpersonal one rooted in human dynamics and psychology, and an individual one grounded in self-awareness and reflection. I got so much more out of my time with Stina than I thought I was looking for.
~ Consultant Coaching Client

Stina has been an extraordinary coach to me as I navigate the complexities of leading a small but growing organization. Her objective guidance, insightful questions, and unwavering support have provided me with clarity and confidence in my leadership. I have become more intentional and effective in my role thanks to her counsel.
~ Strategic Planning & Coaching Client 2022-2024

I love the honest and raw conversations. Be ready to hear and accept the feedback you get from Stina. It's not always what you want to hear but it's what is going to propel you the individual and/or agency forward. ~ Non-Profit Organizational Development and Planning Client 2020-2022

Stina truly is a very skilled coach who offers a perfect blend of non-judgemental listening, wisdom, insight, and 'real talk.' Stina has a wonderful ability to cut to the core of what you're saying, often before you get there yourself. Even on a low day, I would come out of a coaching call with Stina feeling energized and focused on possibilities rather than deficits. I greatly appreciate Stina's combination of expertise, experience, helpful prompts, and feedback. ~ Non Profit Client 2023

ENJOY A FREE CONSULTATION WITH ME

CONNECT

with Stina

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CLAUDIA ALVES